# Guidance for the management of Early breast cancer

# **Guidance at a glance**



Treatment planning, information and support

Multidisciplinary care and care coordination

Patient information and support

Assessment and referral

Complementary and alternative therapies

Pathology and imaging prior to treatment

## Treatment

Research and clinical trials

#### Neoadjuvant therapy

### Surgery

- Surgery timing
- Breast-conserving surgery and mastectomy
- Breast reconstruction
- Sentinel node biopsy and axilla management
- L Risk-reducing strategies

Systemic therapy

- Systemic therapy planning
- Chemotherapy
- Anti-HER2 therapy
- Cardiac dysfunction
- during treatment
- Endocrine therapy
- L Bone-modifying agents and bone health



- Radiation therapy timing
- Radiation therapy after neoadjuvant chemotherapy
- Radiation therapy after breast-conserving surgery
- Radiation therapy after mastectomy
- Radiation therapy of nodal regions
- Radiation therapy and adverse events



Follow-up and survivorship

Continuity of care and patient information

- Follow-up care providers and plan
  Patient information
- Surveillance & imaging
- Follow-up surveillance
- <sup>L</sup> Follow-up imaging

Management of long-term and late effects

- Lymphoedema
- Menopausal symptoms
- Reproductive and sexual health
- Fatigue and sleep disorders
- Pain
- Cognitive impairment
- Psychosocial needs